



## Detailed evaluation

**MUND, Stephan**

Club: VfB Torpedo Ichttershausen  
Number: 2164

Course: 26.71 km  
BERSERKER

Category:  
Senioren M30 (30-34 Jahre)

Total time: 3:58:44

Speed: 6.53 km/h  
Running performance: 8:56 min/km

Rank in course/Total: 164 (of 205)

Rank in course/Men: 151 (of 189)

Best time in course: 2:16:04

Rank in category: 40(of 45)

Best time in the category: 2:16:04

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	56:30	7:38	35	19:36	135	21:04	7.40	56:30	7:38	35	19:36	135	21:04
Burg Gleichen	8.53	1:06:15	7:46	32	22:12	116	23:42	15.93	2:02:45	7:42	33	41:35	123	44:46
Mühlburg	9.97	1:31:54	9:13	41	45:25	161	45:25	25.90	3:34:39	8:17	38	1:27:00	150	1:43:41
Sportplatz Mühlb	0.81	24:05	29:43	42	16:16	179	16:16	26.71	3:58:44	8:56	43	1:42:40	162	1:55:29