



Detailed evaluation

THOMAS, Henneberg

Club: FSV Blau-Weiß 90 Stadtilm
Number: 2218

Course: 26.71 km
BERSERKER

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:07:38

Speed: 6.30 km/h
Running performance: 9:16 min/km

Rank in course/Total: 174 (of 205)

Rank in course/Men: 163 (of 189)

Best time in course: 2:16:04

Rank in category: 35(of 39)

Best time in the category: 2:21:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:01:16	8:16	33	24:22	166	25:50	7.40	1:01:16	8:16	33	24:22	166	25:50
Burg Gleichen	8.53	1:15:28	8:50	36	30:49	163	32:55	15.93	2:16:44	8:35	36	55:11	168	58:45
Mühlberg	9.97	1:32:31	9:16	35	41:56	164	46:02	25.90	3:49:15	8:51	36	1:37:07	172	1:58:17
Sportplatz Mühlb	0.81	18:23	22:41	32	10:26	148	10:34	26.71	4:07:38	9:16	36	1:46:35	174	2:04:23