



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BASILIAS, Stephan

Club: Altenburg
Number: 1009

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:06:00

Speed: 4.09 km/h
Running performance: 14:40 min/km

Rank in course/Total: 407 (of 416)

Rank in course/Men: 334 (of 341)

Best time in course: 1:17:13

Rank in category: 73(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	1:01:15	8:16	57	23:54	260	28:58	7.40	1:01:15	8:16	57	23:54	260	28:58
Mühlburg	8.57	2:47:59	19:36	73	2:01:55	336	2:10:15	15.97	3:49:14	14:21	73	2:25:49	336	2:39:11
Sportplatz Mühlb	0.81	16:46	20:41	63	8:49	265	9:36	16.78	4:06:00	14:39	73	2:34:38	338	2:48:47