



Detailed evaluation

KRONESTER, Roman

Club: Burglengenfeld
Number: 2137

Course: 26.71 km
BERSERKER

Category:
Senioren M35 (35-39 Jahre)

Total time: 4:57:58

Speed: 5.24 km/h
Running performance: 11:10 min/km

Rank in course/Total: 190 (of 205)

Rank in course/Men: 175 (of 189)

Best time in course: 2:16:04

Rank in category: 38(of 39)

Best time in the category: 2:21:03

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	1:16:54	10:23	39	40:00	185	41:28	7.40	1:16:54	10:23	39	40:00	185	41:28
Burg Gleichen	8.53	1:25:08	9:58	38	40:29	179	42:35	15.93	2:42:02	10:10	38	1:20:29	179	1:24:03
Mühlburg	9.97	1:53:12	11:21	38	1:02:37	179	1:06:43	25.90	4:35:14	10:37	39	2:23:06	183	2:44:16
Sportplatz Mühlb	0.81	22:44	28:03	39	14:47	175	14:55	26.71	4:57:58	11:09	39	2:36:55	186	2:54:43