



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KOTNIK, Philipp

Club: Erfurt
Number: 1201

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:01:14

Speed: 7.92 km/h
Running performance: 7:13 min/km

Rank in course/Total: 90 (of 416)

Rank in course/Men: 85 (of 341)

Best time in course: 1:17:13

Rank in category: 19(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	50:51	6:52	23	18:34	100	18:34	7.40	50:51	6:52	23	18:34	100	18:34
Mühlburg	8.57	59:31	6:56	18	21:43	80	21:47	15.97	1:50:22	6:54	20	40:17	87	40:19
Sportplatz Mühlb	0.81	10:52	13:24	23	3:39	87	3:42	16.78	2:01:14	7:13	19	43:56	87	44:01