



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

SCHÄFER, Benjamin

Club: Gotha
Number: 529

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:04:45

Speed: 8.34 km/h
Running performance: 6:49 min/km

Rank in course/Total: 60 (of 673)

Rank in course/Men: 54 (of 411)

Best time in course: 43:20

Rank in category: 14(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	54:13	6:14	15	12:28	52	17:04	8.69	54:13	6:14	15	12:28	52	17:04
Sportplatz Mühlb	0.81	10:32	13:00	17	2:40	69	4:21	9.50	1:04:45	6:48	14	15:05	54	21:25