



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GRAU, André

Club: Crispendorf
Number: 2073

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:02:38

Speed: 7.83 km/h
Running performance: 7:19 min/km

Rank in course/Total: 100 (of 416)

Rank in course/Men: 94 (of 341)

Best time in course: 1:17:13

Rank in category: 23(of 75)

Best time in the category: 1:17:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	50:04	6:45	19	17:47	88	17:47	7.40	50:04	6:45	19	17:47	88	17:47
Mühlburg	8.57	1:01:19	7:09	26	23:31	106	23:35	15.97	1:51:23	6:58	23	41:18	98	41:20
Sportplatz Mühlb	0.81	11:15	13:53	25	4:02	99	4:05	16.78	2:02:38	7:18	23	45:20	96	45:25