



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ZOWALLA, André

Club: Jena

Number: 1437

Course: 16.78 km

EXPERT

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:59:19

Speed: 8.05 km/h

Running performance: 7:07 min/km

Rank in course/Total: 79 (of 416)

Rank in course/Men: 74 (of 341)

Best time in course: 1:17:13

Rank in category: 15(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	52:48	7:08	30	20:31	123	20:31	7.40	52:48	7:08	30	20:31	123	20:31
Mühlburg	8.57	56:48	6:37	13	19:00	61	19:04	15.97	1:49:36	6:51	16	39:31	79	39:33
Sportplatz Mühlb	0.81	9:43	11:59	13	2:30	41	2:33	16.78	1:59:19	7:06	15	42:01	76	42:06