



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

KANDLER, Heiko

Club: Neustadt  
Number: 292

Course: 9.50 km  
SPRINT

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:05:07

Speed: 8.29 km/h  
Running performance: 6:51 min/km

Rank in course/Total: 67 (of 673)

Rank in course/Men: 57 (of 411)

Best time in course: 43:20

Rank in category: 4(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	55:17	6:21	5	5:05	64	18:08	8.69	55:17	6:21	5	5:05	64	18:08
Sportplatz Mühlb	0.81	9:50	12:08	3	0:32	40	3:39	9.50	1:05:07	6:51	4	5:37	57	21:47