



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

Liebetrau, Jens

Club: Berka vdH
Number: 1442

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:01:29

Speed: 8.29 km/h
Running performance: 7:14 min/km

Rank in course/Total: 93 (of 416)

Rank in course/Men: 88 (of 341)

Best time in course: 1:17:13

Rank in category: 6(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	51:43	6:59	9	6:28	109	19:26	7.40	51:43	6:59	9	6:28	109	19:26
Mühlburg	8.57	59:17	6:55	5	5:17	77	21:33	15.97	1:51:00	6:57	6	11:45	91	40:57
Sportplatz Mühlb	0.81	10:29	12:56	5	0:49	72	3:19	16.78	2:01:29	7:14	6	12:18	90	44:16