



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

JOST, Reiner

Club: Weimar
Number: 281

Course: 9.50 km
SPRINT

Category:
Senioren M50 (50-54 Jahre)

Total time: 1:05:48

Speed: 8.21 km/h
Running performance: 6:56 min/km

Rank in course/Total: 75 (of 673)

Rank in course/Men: 65 (of 411)

Best time in course: 43:20

Rank in category: 4(of 18)

Best time in the category: 54:21

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	54:20	6:15	3	8:53	56	17:11	8.69	54:20	6:15	3	8:53	56	17:11
Sportplatz Mühlb	0.81	11:28	14:09	4	2:34	114	5:17	9.50	1:05:48	6:55	4	11:27	65	22:28