



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

BERGMANN, Michael

Club: Laufwerk Sömmerda
Number: 1016

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:03:21

Speed: 8.16 km/h
Running performance: 7:21 min/km

Rank in course/Total: 104 (of 416)

Rank in course/Men: 97 (of 341)

Best time in course: 1:17:13

Rank in category: 8(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	50:29	6:49	6	5:14	90	18:12	7.40	50:29	6:49	6	5:14	90	18:12
Mühlburg	8.57	1:00:44	7:05	10	6:44	98	23:00	15.97	1:51:13	6:57	9	11:58	96	41:10
Sportplatz Mühlb	0.81	12:08	14:58	13	2:28	131	4:58	16.78	2:03:21	7:21	8	14:10	99	46:08