



Detailed evaluation

KORN, Lars

Club: Saalfeld
Number: 1197

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:03:24

Speed: 7.78 km/h
Running performance: 7:21 min/km

Rank in course/Total: 105 (of 416)

Rank in course/Men: 99 (of 341)

Best time in course: 1:17:13

Rank in category: 25(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	47:12	6:22	6	14:55	45	14:55	7.40	47:12	6:22	6	14:55	45	14:55
Mühlburg	8.57	1:03:09	7:22	32	25:21	134	25:25	15.97	1:50:21	6:54	19	40:16	86	40:18
Sportplatz Mühlb	0.81	13:03	16:06	37	5:50	170	5:53	16.78	2:03:24	7:21	25	46:06	101	46:11