



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

TOWNSON, Martin

Club: Saalfeld
Number: 652

Course: 9.50 km
SPRINT

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:05:59

Speed: 8.18 km/h
Running performance: 6:57 min/km

Rank in course/Total: 77 (of 673)

Rank in course/Men: 67 (of 411)

Best time in course: 43:20

Rank in category: 6(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	55:23	6:22	6	5:11	66	18:14	8.69	55:23	6:22	6	5:11	66	18:14
Sportplatz Mühlb	0.81	10:36	13:05	5	1:18	74	4:25	9.50	1:05:59	6:56	6	6:29	67	22:39