



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

MATUSCZAK, Tilo

Club: Ottendorf
Number: 1237

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:04:18

Speed: 7.72 km/h
Running performance: 7:25 min/km

Rank in course/Total: 112 (of 416)

Rank in course/Men: 105 (of 341)

Best time in course: 1:17:13

Rank in category: 10(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:34	7:14	14	8:19	138	21:17	7.40	53:34	7:14	14	8:19	138	21:17
Mühlburg	8.57	59:36	6:57	6	5:36	81	21:52	15.97	1:53:10	7:05	10	13:55	109	43:07
Sportplatz Mühlb	0.81	11:08	13:44	8	1:28	96	3:58	16.78	2:04:18	7:24	10	15:07	107	47:05