



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**KRIEGHOFF, Marcel**

Club: Bad Langensalza  
Number: 1206

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:17:18

Speed: 12.42 km/h  
Running performance: 4:37 min/km

Rank in course/Total: 2 (of 416)

Rank in course/Men: 2 (of 341)

Best time in course: 1:17:13

Rank in category: 1(of 75)

Best time in the category: 1:17:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	32:17	4:21	1	-	1	-	7.40	32:17	4:21	1	-	1	-
Mühlburg	8.57	37:48	4:24	1	-	2	0:04	15.97	1:10:05	4:23	1	-	2	0:02
Sportplatz Mühlb	0.81	7:13	8:54	1	-	2	0:03	16.78	1:17:18	4:36	1	-	2	0:05