



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

SEEGER, Christian

Club: Algermissen
Number: 1373

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:06:49

Speed: 7.57 km/h
Running performance: 7:34 min/km

Rank in course/Total: 127 (of 416)

Rank in course/Men: 119 (of 341)

Best time in course: 1:17:13

Rank in category: 30(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:03	7:10	34	15:42	129	20:46	7.40	53:03	7:10	34	15:42	129	20:46
Mühlburg	8.57	1:02:20	7:16	29	16:16	120	24:36	15.97	1:55:23	7:13	32	31:58	123	45:20
Sportplatz Mühlb	0.81	11:26	14:06	25	3:29	108	4:16	16.78	2:06:49	7:33	30	35:27	121	49:36