



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FROMM, Sebastian

Club: Leinefelde-Worbis  
Number: 1082

Course: 16.78 km  
EXPERT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 2:06:53

Speed: 7.57 km/h  
Running performance: 7:34 min/km

Rank in course/Total: 129 (of 416)

Rank in course/Men: 121 (of 341)

Best time in course: 1:17:13

Rank in category: 31(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	49:37	6:42	20	12:16	82	17:20	7.40	49:37	6:42	20	12:16	82	17:20
Mühlburg	8.57	1:04:27	7:31	38	18:23	148	26:43	15.97	1:54:04	7:08	28	30:39	114	44:01
Sportplatz Mühlb	0.81	12:49	15:49	39	4:52	156	5:39	16.78	2:06:53	7:33	31	35:31	123	49:40