



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HOLTZ, Stefan

Club: Erfurt
Number: 1140

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:44:52

Speed: 9.15 km/h
Running performance: 6:15 min/km

Rank in course/Total: 18 (of 416)

Rank in course/Men: 18 (of 341)

Best time in course: 1:17:13

Rank in category: 4(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|-------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Wachsenburg | 7.40 | 44:37 | 6:01 | 7 | 7:16 | 25 | 12:20 | 7.40 | 44:37 | 6:01 | 7 | 7:16 | 25 | 12:20 |
| Mühlburg | 8.57 | 51:09 | 5:58 | 4 | 5:05 | 19 | 13:25 | 15.97 | 1:35:46 | 5:59 | 5 | 12:21 | 19 | 25:43 |
| Sportplatz Mühlb | 0.81 | 9:06 | 11:14 | 4 | 1:09 | 21 | 1:56 | 16.78 | 1:44:52 | 6:14 | 4 | 13:30 | 18 | 27:39 |