



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

JORGS, Thomas

Club: Erfurt
Number: 1154

Course: 16.78 km
EXPERT

Category:
Senioren M45 (45-49 Jahre)

Total time: 2:06:46

Speed: 7.57 km/h
Running performance: 7:33 min/km

Rank in course/Total: 126 (of 416)

Rank in course/Men: 118 (of 341)

Best time in course: 1:17:13

Rank in category: 12(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:41	7:15	16	8:26	143	21:24	7.40	53:41	7:15	16	8:26	143	21:24
Mühlburg	8.57	1:01:19	7:09	11	7:19	106	23:35	15.97	1:55:00	7:12	12	15:45	121	44:57
Sportplatz Mühlb	0.81	11:46	14:31	10	2:06	120	4:36	16.78	2:06:46	7:33	12	17:35	120	49:33