



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KÄMMERER, Jens

Club: Erfurt
Number: 1159

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 2:07:56

Speed: 7.50 km/h
Running performance: 7:37 min/km

Rank in course/Total: 136 (of 416)

Rank in course/Men: 127 (of 341)

Best time in course: 1:17:13

Rank in category: 18(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:17	7:12	19	16:54	131	21:00	7.40	53:17	7:12	19	16:54	131	21:00
Mühlburg	8.57	1:02:28	7:17	17	19:20	124	24:44	15.97	1:55:45	7:14	18	36:14	125	45:42
Sportplatz Mühlb	0.81	12:11	15:02	17	4:12	132	5:01	16.78	2:07:56	7:37	18	40:26	129	50:43