



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

FISCHER, Sebastian

Club: Erfurt  
Number: 1066

Course: 16.78 km  
EXPERT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 2:00:03

Speed: 8.39 km/h  
Running performance: 7:09 min/km

Rank in course/Total: 85 (of 416)

Rank in course/Men: 80 (of 341)

Best time in course: 1:17:13

Rank in category: 17(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	50:34	6:49	20	18:17	94	18:17	7.40	50:34	6:49	20	18:17	94	18:17
Mühlburg	8.57	1:00:21	7:02	21	22:33	91	22:37	15.97	1:50:55	6:56	21	40:50	90	40:52
Sportplatz Mühlb	0.81	9:08	11:16	4	1:55	22	1:58	16.78	2:00:03	7:09	17	42:45	82	42:50