



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GIESE, Tobias

Club: Jena

Number: 1088

Course: 16.78 km

EXPERT

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:08:54

Speed: 7.81 km/h

Running performance: 7:41 min/km

Rank in course/Total: 143 (of 416)

Rank in course/Men: 132 (of 341)

Best time in course: 1:17:13

Rank in category: 34(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:01	7:09	32	15:40	127	20:44	7.40	53:01	7:09	32	15:40	127	20:44
Mühlburg	8.57	1:03:37	7:25	35	17:33	143	25:53	15.97	1:56:38	7:18	34	33:13	133	46:35
Sportplatz Mühlb	0.81	12:16	15:08	34	4:19	138	5:06	16.78	2:08:54	7:40	34	37:32	135	51:41