



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

PABST, Oliver

Club: MCC

Number: 454

Course: 9.50 km

SPRINT

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:11:38

Speed: 7.54 km/h

Running performance: 7:32 min/km

Rank in course/Total: 126 (of 673)

Rank in course/Men: 101 (of 411)

Best time in course: 43:20

Rank in category: 25(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:00:18	6:56	27	18:33	108	23:09	8.69	1:00:18	6:56	27	18:33	108	23:09
Sportplatz Mühlb	0.81	11:20	13:59	25	3:28	100	5:09	9.50	1:11:38	7:32	25	21:58	101	28:18