



Detailed evaluation

HENTSCHEL, Melanie

Club: Arnstadt
Number: 1119

Course: 16.78 km
EXPERT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 2:08:34

Speed: 7.83 km/h
Running performance: 7:40 min/km

Rank in course/Total: 141 (of 416)

Rank in course/Women: 10 (of 75)

Best time in course: 1:47:42

Rank in category: 4(of 16)

Best time in the category: 1:50:46

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Stage score				Total ranking						
				Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Wachsenburg	7.40	52:43	7:07	3	6:17	10	7:32	7.40	52:43	7:07	3	6:17	10	7:32
Mühlburg	8.57	1:03:50	7:26	4	9:05	10	10:51	15.97	1:56:33	7:17	4	15:22	10	18:23
Sportplatz Mühlb	0.81	12:01	14:50	5	2:26	10	2:37	16.78	2:08:34	7:39	4	17:48	10	20:52