



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KOSMEHL, Thomas

Club: Erfurt
Number: 1200

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 2:08:17

Speed: 7.85 km/h
Running performance: 7:39 min/km

Rank in course/Total: 137 (of 416)

Rank in course/Men: 128 (of 341)

Best time in course: 1:17:13

Rank in category: 31(of 75)

Best time in the category: 1:17:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	55:26	7:29	38	23:09	168	23:09	7.40	55:26	7:29	38	23:09	168	23:09
Mühlburg	8.57	1:01:13	7:08	25	23:25	105	23:29	15.97	1:56:39	7:18	32	46:34	135	46:36
Sportplatz Mühlb	0.81	11:38	14:21	30	4:25	114	4:28	16.78	2:08:17	7:38	31	50:59	130	51:04