



Detailed evaluation

GROLL, Thomas

Club: Amt Wachsenburg
Number: 186

Course: 9.50 km
SPRINT

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:12:59

Speed: 7.40 km/h
Running performance: 7:41 min/km

Rank in course/Total: 141 (of 673)

Rank in course/Men: 116 (of 411)

Best time in course: 43:20

Rank in category: 16(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Mühlberg	8.69	1:01:32	7:04	17	17:10	117	24:23	8.69	1:01:32	7:04	17	17:10	117	24:23
Sportplatz Mühlb	0.81	11:27	14:08	16	3:31	112	5:16	9.50	1:12:59	7:40	16	20:41	116	29:39