



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ADLER, Sebastian

Club: Waltershausen

Number: 2

Course: 9.50 km

SPRINT

Category:

Männer (20-29 Jahre)

Total time: 1:13:44

Speed: 7.73 km/h

Running performance: 7:46 min/km

Rank in course/Total: 152 (of 673)

Rank in course/Men: 123 (of 411)

Best time in course: 43:20

Rank in category: 17(of 71)

Best time in the category: 43:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:02:08	7:08	15	24:59	123	24:59	8.69	1:02:08	7:08	15	24:59	123	24:59
Sportplatz Mühlb	0.81	11:36	14:19	21	5:25	123	5:25	9.50	1:13:44	7:45	17	30:24	123	30:24