



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

Bear, Sebastian

Club: N3 Sportverein e.V.
Number: 596

Course: 9.50 km
SPRINT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:13:46

Speed: 7.32 km/h
Running performance: 7:46 min/km

Rank in course/Total: 154 (of 673)

Rank in course/Men: 126 (of 411)

Best time in course: 43:20

Rank in category: 24(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:01:48	7:06	24	14:57	119	24:39	8.69	1:01:48	7:06	24	14:57	119	24:39
Sportplatz Mühlb	0.81	11:58	14:46	28	3:14	144	5:47	9.50	1:13:46	7:45	24	17:07	126	30:26