



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

LIPPERT, Ronny

Club: Krauthausen
Number: 381

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:10:01

Speed: 7.71 km/h
Running performance: 7:22 min/km

Rank in course/Total: 111 (of 673)

Rank in course/Men: 90 (of 411)

Best time in course: 43:20

Rank in category: 21(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	58:42	6:45	22	16:57	88	21:33	8.69	58:42	6:45	22	16:57	88	21:33
Sportplatz Mühlb	0.81	11:19	13:58	24	3:27	99	5:08	9.50	1:10:01	7:22	21	20:21	90	26:41