



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

WERNER, Alexander

Club: Altersbach
Number: 697

Course: 9.50 km
SPRINT

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:14:46

Speed: 7.22 km/h
Running performance: 7:52 min/km

Rank in course/Total: 159 (of 673)

Rank in course/Men: 130 (of 411)

Best time in course: 43:20

Rank in category: 20(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

| Control | Split | Split | Split | Pos | Behind | Pos | Behind | Total | Total | Total | Pos | Behind | Pos | Behind |
|------------------|-------|---------|--------|------|--------|-----|--------|-------|---------|--------|------|--------|-----|--------|
| | km | Time | min/km | Cat. | Cat. | Men | Men | km | Time | min/km | Cat. | Cat. | Men | Men |
| Mühlburg | 8.69 | 1:03:07 | 7:15 | 20 | 18:45 | 138 | 25:58 | 8.69 | 1:03:07 | 7:15 | 20 | 18:45 | 138 | 25:58 |
| Sportplatz Mühlb | 0.81 | 11:39 | 14:22 | 18 | 3:43 | 126 | 5:28 | 9.50 | 1:14:46 | 7:52 | 20 | 22:28 | 130 | 31:26 |