



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

KIRSCH, Rene

Club: Meiningen
Number: 1174

Course: 16.78 km
EXPERT

Category:
Senioren M40 (40-44 Jahre)

Total time: 1:48:01

Speed: 8.89 km/h
Running performance: 6:26 min/km

Rank in course/Total: 32 (of 416)

Rank in course/Men: 31 (of 341)

Best time in course: 1:17:13

Rank in category: 6(of 40)

Best time in the category: 1:27:30

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	45:44	6:10	8	9:21	36	13:27	7.40	45:44	6:10	8	9:21	36	13:27
Mühlburg	8.57	53:13	6:12	5	10:05	31	15:29	15.97	1:38:57	6:11	6	19:26	31	28:54
Sportplatz Mühlb	0.81	9:04	11:11	5	1:05	20	1:54	16.78	1:48:01	6:26	6	20:31	31	30:48