



Detailed evaluation

KNOBLAUCH, Carla

Club: Taucha
Number: 1183

Course: 16.78 km
EXPERT

Category:
Seniorinnen W40 (40-44 Jahre)

Total time: 2:12:48

Speed: 7.58 km/h
Running performance: 7:55 min/km

Rank in course/Total: 171 (of 416)

Rank in course/Women: 14 (of 75)

Best time in course: 1:47:42

Rank in category: 2(of 12)

Best time in the category: 1:51:08

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Stage score | | | | Total ranking | | | | | | |
|------------------|----------|------------|--------------|-------------|-------------|-----------|--------------|---------------|------------|--------------|----------|-------------|-----------|--------------|
| | | | | Pos Cat. | Behind Cat. | Pos Women | Behind Women | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Women | Behind Women |
| Wachsenburg | 7.40 | 52:18 | 7:04 | 2 | 6:52 | 8 | 7:07 | 7.40 | 52:18 | 7:04 | 2 | 6:52 | 8 | 7:07 |
| Mühlburg | 8.57 | 1:05:49 | 7:40 | 2 | 9:31 | 15 | 12:50 | 15.97 | 1:58:07 | 7:23 | 2 | 16:23 | 13 | 19:57 |
| Sportplatz Mühlb | 0.81 | 14:41 | 18:07 | 5 | 5:17 | 29 | 5:17 | 16.78 | 2:12:48 | 7:54 | 2 | 21:40 | 14 | 25:06 |