



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

HERMANN, Maik

Club: Arnstadt
Number: 1121

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:47:35

Speed: 8.92 km/h
Running performance: 6:25 min/km

Rank in course/Total: 29 (of 416)

Rank in course/Men: 29 (of 341)

Best time in course: 1:17:13

Rank in category: 8(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	44:38	6:01	9	7:17	27	12:21	7.40	44:38	6:01	9	7:17	27	12:21
Mühlburg	8.57	53:25	6:13	9	7:21	33	15:41	15.97	1:38:03	6:08	8	14:38	28	28:00
Sportplatz Mühlb	0.81	9:32	11:46	8	1:35	33	2:22	16.78	1:47:35	6:24	8	16:13	29	30:22