



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

ZIMMER, Helmut

Club: Gotha
Number: 1435

Course: 16.78 km
EXPERT

Category:
Senioren M55 (55-59 Jahre)

Total time: 2:13:47

Speed: 7.18 km/h
Running performance: 7:58 min/km

Rank in course/Total: 177 (of 416)

Rank in course/Men: 163 (of 341)

Best time in course: 1:17:13

Rank in category: 5(of 7)

Best time in the category: 2:00:29

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	55:08	7:27	5	5:49	161	22:51	7.40	55:08	7:27	5	5:49	161	22:51
Mühlburg	8.57	1:05:13	7:36	5	5:01	155	27:29	15.97	2:00:21	7:32	5	10:39	162	50:18
Sportplatz Mühlb	0.81	13:26	16:35	5	2:39	184	6:16	16.78	2:13:47	7:58	5	13:18	166	56:34