



Detailed evaluation

RÜSTER, Martin

Club: Walschleben
Number: 519

Course: 9.50 km
SPRINT

Category:
Männer (20-29 Jahre)

Total time: 1:16:15

Speed: 7.08 km/h
Running performance: 8:02 min/km

Rank in course/Total: 183 (of 673)

Rank in course/Men: 150 (of 411)

Best time in course: 43:20

Rank in category: 24(of 71)

Best time in the category: 43:20

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:04:42	7:26	24	27:33	156	27:33	8.69	1:04:42	7:26	24	27:33	156	27:33
Sportplatz Mühlb	0.81	11:33	14:15	20	5:22	118	5:22	9.50	1:16:15	8:01	24	32:55	150	32:55