



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

LICHTENHELD, Tim

Club: Altersbach
Number: 376

Course: 9.50 km
SPRINT

Category:
Senioren M35 (35-39 Jahre)

Total time: 1:14:47

Speed: 7.22 km/h
Running performance: 7:52 min/km

Rank in course/Total: 160 (of 673)

Rank in course/Men: 131 (of 411)

Best time in course: 43:20

Rank in category: 26(of 86)

Best time in the category: 56:39

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:03:03	7:15	27	16:12	137	25:54	8.69	1:03:03	7:15	27	16:12	137	25:54
Sportplatz Mühlb	0.81	11:44	14:29	26	3:00	130	5:33	9.50	1:14:47	7:52	26	18:08	131	31:27