



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

GLÖCKNER, Falko

Club: Naumburg
Number: 162

Course: 9.50 km
SPRINT

Category:
Senioren M45 (45-49 Jahre)

Total time: 1:14:31

Speed: 7.25 km/h
Running performance: 7:50 min/km

Rank in course/Total: 157 (of 673)

Rank in course/Men: 128 (of 411)

Best time in course: 43:20

Rank in category: 12(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlberg	8.69	1:02:30	7:11	14	12:18	130	25:21	8.69	1:02:30	7:11	14	12:18	130	25:21
Sportplatz Mühlb	0.81	12:01	14:50	11	2:43	146	5:50	9.50	1:14:31	7:50	12	15:01	128	31:11