



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

HERKNER, Hans-Christian

Club: Niederzimmern  
Number: 1120

Course: 16.78 km  
EXPERT

Category:  
Senioren M40 (40-44 Jahre)

Total time: 2:12:25

Speed: 7.25 km/h  
Running performance: 7:53 min/km

Rank in course/Total: 169 (of 416)

Rank in course/Men: 156 (of 341)

Best time in course: 1:17:13

Rank in category: 22(of 40)

Best time in the category: 1:27:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	53:26	7:13	20	17:03	133	21:09	7.40	53:26	7:13	20	17:03	133	21:09
Mühlburg	8.57	1:06:16	7:43	23	23:08	164	28:32	15.97	1:59:42	7:29	22	40:11	155	49:39
Sportplatz Mühlb	0.81	12:43	15:41	20	4:44	153	5:33	16.78	2:12:25	7:53	22	44:55	159	55:12