



Detailed evaluation

PJONTEKOVA, Martina

Club: Erfurt
Number: 471

Course: 9.50 km
SPRINT

Category:
Seniorinnen W30 (30-34 Jahre)

Total time: 1:18:55

Speed: 6.84 km/h
Running performance: 8:19 min/km

Rank in course/Total: 227 (of 673)

Rank in course/Women: 48 (of 262)

Best time in course: 59:03

Rank in category: 7(of 53)

Best time in the category: 1:05:01

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Mühlberg	8.69	1:06:04	7:36	6	11:32	51	16:31	8.69	1:06:04	7:36	6	11:32	51	16:31
Sportplatz Mühlb	0.81	12:51	15:51	7	2:22	47	3:21	9.50	1:18:55	8:18	7	13:54	48	19:52