



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

**GOLDBERG, René**

Club: Erfurt  
Number: 169

Course: 9.50 km  
SPRINT

Category:  
Senioren M30 (30-34 Jahre)

Total time: 1:17:14

Speed: 6.99 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 195 (of 673)

Rank in course/Men: 160 (of 411)

Best time in course: 43:20

Rank in category: 34(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:00	7:28	33	23:15	162	27:51	8.69	1:05:00	7:28	33	23:15	162	27:51
Sportplatz Mühlb	0.81	12:14	15:06	36	4:22	159	6:03	9.50	1:17:14	8:07	34	27:34	160	33:54