



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

FÖRSTER, Tom

Club: Oelsnitz
Number: 136

Course: 9.50 km
SPRINT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:17:58

Speed: 6.93 km/h
Running performance: 8:13 min/km

Rank in course/Total: 211 (of 673)

Rank in course/Men: 169 (of 411)

Best time in course: 43:20

Rank in category: 37(of 89)

Best time in the category: 49:40

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:44	7:33	39	23:59	182	28:35	8.69	1:05:44	7:33	39	23:59	182	28:35
Sportplatz Mühlb	0.81	12:14	15:06	36	4:22	159	6:03	9.50	1:17:58	8:12	37	28:18	169	34:38