



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**MAY, Helge**

Club: Möhrfelden-Walldorf  
Number: 406

Course: 9.50 km  
SPRINT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:19:34

Speed: 6.79 km/h  
Running performance: 8:23 min/km

Rank in course/Total: 240 (of 673)

Rank in course/Men: 189 (of 411)

Best time in course: 43:20

Rank in category: 39(of 86)

Best time in the category: 56:39

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:38	7:33	36	18:47	181	28:29	8.69	1:05:38	7:33	36	18:47	181	28:29
Sportplatz Mühlb	0.81	13:56	17:12	48	5:12	238	7:45	9.50	1:19:34	8:22	39	22:55	189	36:14