



Detailed evaluation

HESSE, Marc

Club: Cospeda
Number: 1128

Course: 16.78 km
EXPERT

Category:
Senioren M35 (35-39 Jahre)

Total time: 2:17:18

Speed: 7.33 km/h
Running performance: 8:11 min/km

Rank in course/Total: 202 (of 416)

Rank in course/Men: 181 (of 341)

Best time in course: 1:17:13

Rank in category: 42(of 75)

Best time in the category: 1:31:22

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	52:46	7:07	30	15:25	122	20:29	7.40	52:46	7:07	30	15:25	122	20:29
Mühlberg	8.57	1:09:48	8:08	44	23:44	194	32:04	15.97	2:02:34	7:40	40	39:09	172	52:31
Sportplatz Mühlb	0.81	14:44	18:11	47	6:47	215	7:34	16.78	2:17:18	8:10	42	45:56	184	1:00:05