



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

**KIRCHBERG, Michael**

Club: Leinefelde-Worbis  
Number: 313

Course: 9.50 km  
SPRINT

Category:  
Senioren M45 (45-49 Jahre)

Total time: 1:19:23

Speed: 6.80 km/h  
Running performance: 8:22 min/km

Rank in course/Total: 237 (of 673)

Rank in course/Men: 185 (of 411)

Best time in course: 43:20

Rank in category: 19(of 38)

Best time in the category: 59:30

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:05:35	7:32	20	15:23	179	28:26	8.69	1:05:35	7:32	20	15:23	179	28:26
Sportplatz Mühlb	0.81	13:48	17:02	23	4:30	230	7:37	9.50	1:19:23	8:21	19	19:53	185	36:03