



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

HIRSCHFELD, Matthias

Club: Bleicherode  
Number: 1132

Course: 16.78 km  
EXPERT

Category:  
Senioren M45 (45-49 Jahre)

Total time: 2:16:34

Speed: 7.37 km/h  
Running performance: 8:08 min/km

Rank in course/Total: 200 (of 416)

Rank in course/Men: 179 (of 341)

Best time in course: 1:17:13

Rank in category: 21(of 35)

Best time in the category: 1:49:11

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	52:25	7:04	11	7:10	120	20:08	7.40	52:25	7:04	11	7:10	120	20:08
Mühlburg	8.57	1:10:05	8:10	23	16:05	197	32:21	15.97	2:02:30	7:40	20	23:15	169	52:27
Sportplatz Mühlb	0.81	14:04	17:21	25	4:24	207	6:54	16.78	2:16:34	8:08	21	27:23	182	59:21