



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

PFLÜGNER, Andre

Club: Luisenthal
Number: 1281

Course: 16.78 km
EXPERT

Category:
Senioren M30 (30-34 Jahre)

Total time: 1:48:53

Speed: 8.82 km/h
Running performance: 6:29 min/km

Rank in course/Total: 34 (of 416)

Rank in course/Men: 33 (of 341)

Best time in course: 1:17:13

Rank in category: 7(of 75)

Best time in the category: 1:17:18

Intermediate times				Stage score				Total ranking						
Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Wachsenburg	7.40	47:35	6:25	8	15:18	49	15:18	7.40	47:35	6:25	8	15:18	49	15:18
Mühlburg	8.57	51:53	6:03	6	14:05	22	14:09	15.97	1:39:28	6:13	7	29:23	37	29:25
Sportplatz Mühlb	0.81	9:25	11:37	7	2:12	31	2:15	16.78	1:48:53	6:29	7	31:35	33	31:40