



LEGEND OF CROSS
Mühlberg / 05.11.2017

Detailed evaluation

Heisch, Philipp

Club: Jena

Number: 566

Course: 26.71 km

BERSERKER

Category:

Senioren M30 (30-34 Jahre)

Total time: 2:16:04

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 1 (of 205)

Rank in course/Men: 1 (of 189)

Best time in course: 2:16:04

Rank in category: 1(of 45)

Best time in the category: 2:16:04

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Wachsenburg	7.40	36:54	4:59	1	-	3	1:28	7.40	36:54	4:59	1	-	3	1:28
Burg Gleichen	8.53	44:16	5:11	2	0:13	5	1:43	15.93	1:21:10	5:05	1	-	3	3:11
Mühlberg	9.97	46:29	4:39	1	-	1	-	25.90	2:07:39	4:55	1	-	6	16:41
Sportplatz Mühlb	0.81	8:25	10:23	2	0:36	4	0:36	26.71	2:16:04	5:05	1	-	6	12:49