



LEGEND OF CROSS  
Mühlberg / 05.11.2017

Detailed evaluation

GRÜßUNG, Marco

Club: Bad Blankenburg  
Number: 192

Course: 9.50 km  
SPRINT

Category:  
Senioren M40 (40-44 Jahre)

Total time: 1:22:27

Speed: 6.55 km/h  
Running performance: 8:41 min/km

Rank in course/Total: 270 (of 673)

Rank in course/Men: 210 (of 411)

Best time in course: 43:20

Rank in category: 28(of 54)

Best time in the category: 52:18

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:08:52	7:55	29	24:30	210	31:43	8.69	1:08:52	7:55	29	24:30	210	31:43
Sportplatz Mühlb	0.81	13:35	16:46	29	5:39	225	7:24	9.50	1:22:27	8:40	28	30:09	210	39:07