



LEGEND OF CROSS  
Mühlberg / 05.11.2017

### Detailed evaluation

**ARLT, Marcel**

Club: Drei Gleichen  
Number: 9

Course: 9.50 km  
SPRINT

Category:  
Senioren M35 (35-39 Jahre)

Total time: 1:23:52

Speed: 6.44 km/h  
Running performance: 8:50 min/km

Rank in course/Total: 308 (of 673)

Rank in course/Men: 237 (of 411)

Best time in course: 43:20

Rank in category: 45(of 86)

Best time in the category: 56:39

#### Intermediate times

#### Stage score

#### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Mühlburg	8.69	1:10:32	8:06	45	23:41	234	33:23	8.69	1:10:32	8:06	45	23:41	234	33:23
Sportplatz Mühlb	0.81	13:20	16:27	42	4:36	212	7:09	9.50	1:23:52	8:49	45	27:13	237	40:32